

CMU Living Guide



An informative living guide for
international students.

Take a glance at the endless opportunities for adventure around China
Medical University.

Welcome to China Medical University

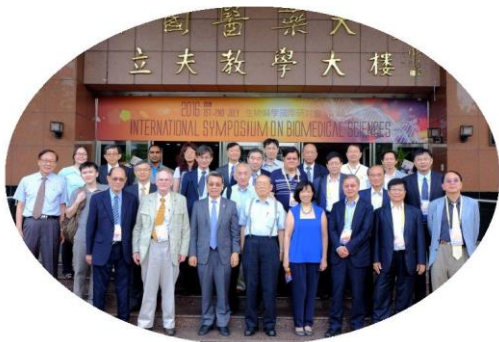


Welcome to China Medical University, the first academic institution in Taiwan to incorporate both western medicine and Chinese medicine programs. The school was first established as China Medical College on June 6, 1958. Through years of development and expansion, the school evolved into what we call it today, China Medical University, in 2003. There are currently a total of seven colleges at CMU. It has now become one of the best medical universities in Taiwan, with nearly 8000 students and 1056 teachers and staff members.

Centers, Colleges, Students, and Staff

No matter your faculty, China Medical University provides an array of centers to help cultivate extracurricular interests or advanced education and research for all of its students. Here are some of the centers and organizations:

- | | | | |
|----|---------------------------------|-----|---|
| 1. | Lifu Museum of Chinese Medicine | 8. | Biostatistics Center |
| 2. | Center for Faculty Development | 9. | Research Center for Biodiversity |
| 3. | Computer Center | 10. | Biotechnology Incubation Center |
| 4. | Center for Continuing Education | 11. | Chinese Herb Experimental Farm |
| 5. | Arts Center | 12. | China Medical University Hospital |
| 6. | Language Education Center | 13. | China Medical University Beigang Hospital |
| 7. | Acupuncture Research Center | 14. | Cancer Research Center |



Number of Enrolled Students



Number of Faculty

Categories	Quantity
Schools (Undergraduate programs)	6,916
Graduate institutes (Postgraduate programs)	266
Graduate institutes (Doctoral programs)	574
Two-year college	184
Total	7,940

Categories		Quantity
Full-time faculty	Professor	117
	Associate professor	155
	Assistant professor	189
	Lecturer	64
Subtotal		525
Subtotal of part-time faculty		531
Total		1056

Within our community of students, international students also have a hub of their own. Throughout the years, the number of international students visiting CMU for academic and exchange activities has increased steadily. Joining these Facebook pages are highly recommended, as it provides not only a chance for students to get to meet each other, but also be alerted of special events catered just for international students!

CMU International Student' Association

<https://www.facebook.com/CMUISA/>

International Students Group in CMU

<https://www.facebook.com/groups/1284015041739919/>
(member registration required)





One particular event that is greatly enjoyed by both international students *and* Taiwanese students is the International Culture Week. Booths were set up from international students from all over the world, with food and fun games that were native to each of their respective countries or culture. The aim of the International Students' Association is to provide "a place where we foster warm friendships and support networks through diversity and cultures".

Our Campus and Hospitals

China Medical University consists of two campuses. The main campus is located in downtown Taichung, and the second campus is located in Yunlin (also known as the Beikang branch).

China Medical University
(Taichung Campus)

Address:
No.91 Hsueh-Shih Road, Taichung, Taiwan 40402, R.O.C
Phone: +886-4-2205-3366

China Medical University
(Beikang Campus)

Address:
No.123-1, Sinda Rd., Beikang Township, Yunlin County, Taiwan 65152, R.O.C
Phone:
+889-05-7833039

China Medical University Hospital
(Li-Fu Medical Building)

Address:
No. 2, Yude Road, North District, Taichung City, Taiwan 40447, R.O.C
Phone:
+889-04-2205-2121

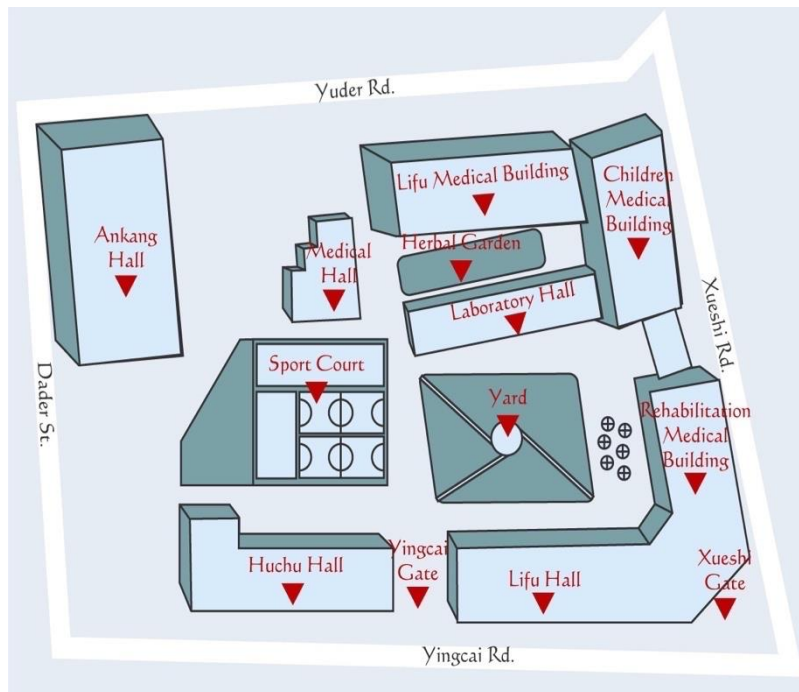
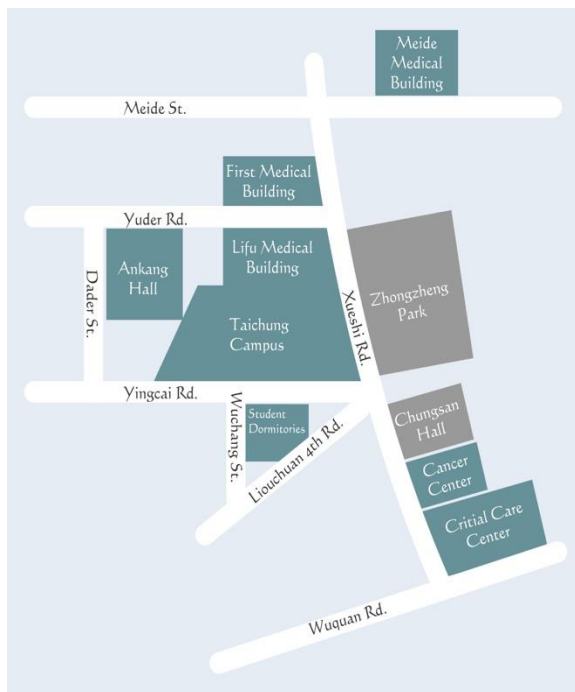
China Medical University Hospital
(Emergency Center)

Address:
No. 2, Xue Shi Road, at the corner of Wuquan Road and Xue Shi Road
Phone:
+889-4-2205-2121 ext 5147

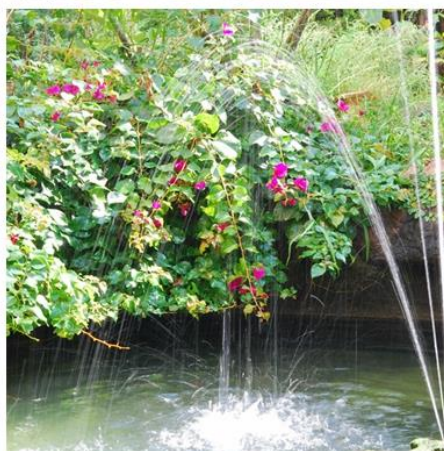
China Medical University Beikang Hospital

Address:
No.123, Xinde Rd., Beikang Township, Yunlin County 65152
Phone:
+889-4-2205-2121 ext 5147

Taichung Campus



The Taichung campus is located in the heart of downtown Taichung, where food, shopping, and recreational activities can easily be sought out. The buildings at China Medical University are compact, making it easy to travel from classroom to classroom. During break, students may explore the Herbal Garden, the sculptures at the center yard, or the outdoor tables located close to the center yard. The center yard has always been the common site of concerts, displays of artwork, and also festival booths.





Beikang Campus

The Beikang campus and hospital was completed November 21st, 1985, and it was created due to the Taichung City government's street reconstruction project in the early 1980s, as it required a drastic reduction of land to the already narrow campus of the university.

The campus resides in the suburban area of Beikang, close to the west costal area. Surrounding the campus are rice paddies, fields of farmland, and an abundance of lush trees. Students are blessed with a beautiful and tranquil environment that is optimal for learning and living. One of the most famous temples in Taiwan, the Ma-Tsu Temple, is located downtown. Tourists from all over the world come to the temple to pay their respects to the Goddess of the Sea.



Fitness Facilities

Studying is important but regular exercise is also essential. Many students of China Medical University are active participants in numerous sport competitions at university level in Taiwan. The China Medical University sport representative teams compete in the following sports: basketball, volleyball, soccer, baseball, golf, table tennis, swimming, tennis, and badminton.

The sporting facilities of China Medical University includes volley ball courts, basketball courts, table tennis court, golf court, dance studio classroom, and cardiovascular & weight-lifting room. For more information, please visit the website of the China Medical University Physical Education Office: http://cmuope.cmu.edu.tw/mainpage_e.htmSports

 Table-Tennis Courts



 Dance Studio Classroom



 Exercise & Weight Training Facility



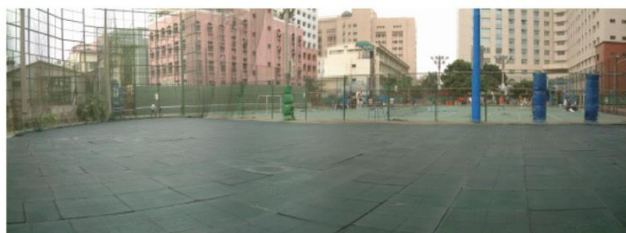
 Volleyball Courts



 Basketball Courts



 Golf Court



Public Transportation

Taxi

In Taichung taxis are commonly seen on the streets. When hailing a taxi, watch out for taxis with their “vacant signs” lit up. Other than hailing a taxi straight from the roads, you can also hail a taxi by phone. Here are some of the most popular taxi services available in Taichung (in order of recommendation):

1. 國通 [Guó tōng] Radio Taxi : 04-2254-4090
2. 台中 [Taichung] Radio Taxi : 04-2246-5555
3. 第一 [Dì Yī] Radio Taxi : 04-2327-8383
4. 人人 [Rén Rén] Radio Taxi : 04-2321-5757



Bus

The first step toward to traveling by bus is purchasing a bus card at 7-Eleven, Family Mart, or OK Mart. Two kinds of cards can be purchased: **EasyCard** or **iPass** . The cards cost \$100 NTD each, and can be used forever, until you either lose or break them. These cards can also be charged with cash and used as a “cash card” at variety of stores, such as 7-Eleven and Family Mart. Once you have purchased your bus card, register a EasyCard account and link your card to your name, in case you lose your card: <https://www.easycard.com.tw/member/register.aspx>



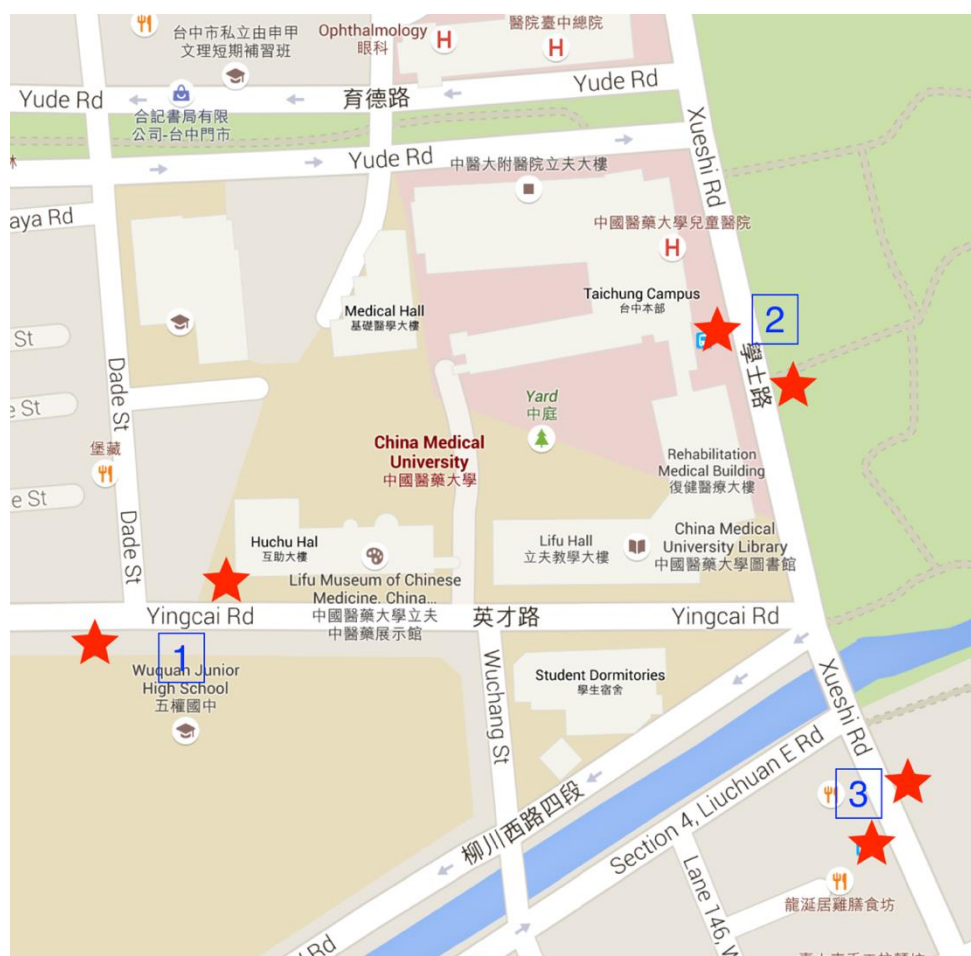
In Taichung, travels within 10 kilometers are all free of charge. Bus cards are scanned when you step on to the bus, and also just before you step off the bus. To check for bus schedules and live bus times, visit the apps store:

Application	iOS	Android
台灣公車通 APK (Taiwan Bus Master)	https://itunes.apple.com/tw/app/tai-wan-gong-che-tong-tai/id546638848?mt=8	https://play.google.com/store/apps/details?id=com.skystar.twbus&hl=en
台中公車通 (Taichung Bus Master)	https://itunes.apple.com/tw/app/tai-zhong-gong-che-tong/id547535131?mt=8	https://play.google.com/store/apps/details?id=com.skystar.tcbus&hl=en
BusTracker Taiwan	https://itunes.apple.com/tw/app/bustracker-taiwan/id718656074?mt=8	https://play.google.com/store/apps/details?id=nexiti.android.bustaiwan&hl=en
BusTracker Taichung	https://itunes.apple.com/tw/app/bustracker-taichung/id513559914?mt=8	https://play.google.com/store/apps/details?id=nexiti.android.bustaichung&hl=en

Or, visit the official website for buses in Taichung to plan your route and check for bus schedules:

<http://citybus.taichung.gov.tw/cms/>

There are several bus stops around school to take note of:



Bus Stop 1:

11, 77, 131, 280, 285,
286, 288, 289

Bus Stop 2:

18, 25, 32, 35, 61, 67,
77, 131

Bus Stop 3

11, 18, 25, 32, 35, 61,
67, 159, 280, 285, 286,
288, 289



Across from the Emergency Center (Wuquan Rd and Xueshi Rd) is a bus stop with the buses:

5, 6, 9, 11, 18, 25, 29,
35, 51, 56, 61, 67, 70,
81, 108, 131, 154, 280,
285, 286, 288, 289

YouBike (also known as iBike in Taichung)



Using your EasyCard or iPass, you may also sign up for a YouBike account, which allows access to every YouBike station in Taiwan. The concept of the YouBike is simple: sign up, scan the card, borrow the bike, scan the card, and return the bike.

SMILE
FORMULA

1 JOIN US

2 RENT

3 RIDE

4 RETURN

To sign up, visit: <https://i.youbike.com.tw/en/f61.php>, or go to any of the computers positioned at each bike station. There are currently nearly 100 bike depots stationed all over the city of Taichung. A number of phone applications can also be downloaded to check for live availability of the bicycles.

iOS

<https://itunes.apple.com/ca/app/youbike-wei-xiao-dan-che/id639534082?mt=8>

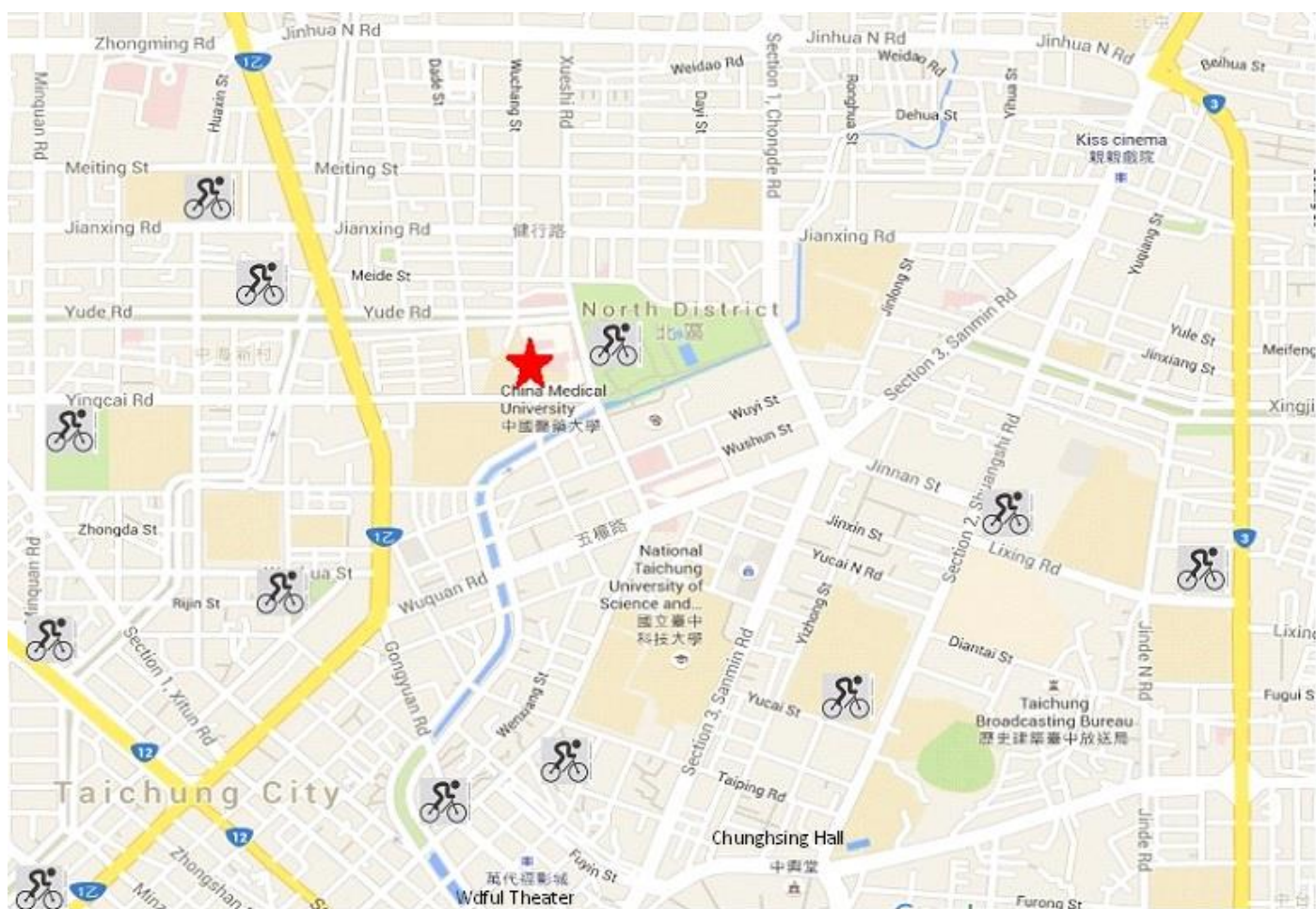
Android

https://play.google.com/store/apps/details?id=tw.com.sstc.youbike&hl=zh_TW

Facebook

<https://www.facebook.com/youbike.mid.tw>

Here are some of the YouBike stations around the school campus:



The Taichung City Government Department of Transportation encourages that citizens use bikes instead of motorbikes or cars in hopes of reducing pollution and energy consumption, as well as improving traffic. The bikes are provided and made in collaboration with Giant Taiwan.



Rates are as follows:

ITEMS	SINGLE RENT	MEMBER
SUITABLE AUDIENCE	Single Rent	Long-term Users
PAYMENT OPTION	By IC Credit Card	EasyCard
REGISTRATION	Any KIOSK	Service Center / Official Website Official Phone App / Any Kiosk
CHARGE RATES	\$10NT per 30min within the first 4 hours. \$20NT per 30min between 4 to 8 hours. \$40NT per 30min exceeding 8 hours.	Free for first 30min. \$10NT per 30min within the first 4 hours. \$20NT per 30min between 4 to 8 hours. \$40NT per 30min exceeding 8 hours.

Scooters/Motorbikes or Cars

A large portion of people travel on motorbikes due to its convenience and affordability. There are multiple parking spaces around the school (around the school dormitories, Yincal Rd, and also the parking area by AnKang Hall. It is crucial that parking laws are obeyed, or you will be charged with parking tickets.

Taiwan Railways Administration – Taichung Main Station

With the Taiwan railway, you can travel to any city or county in Taiwan. One can also use his or her EasyCard for certain commuter trains. The Taichung Train Station is considered a historical building that first opened on May 15, 1905. There are also many shops, restaurants, and historical sites surrounding the area that will be mentioned in the following sections.

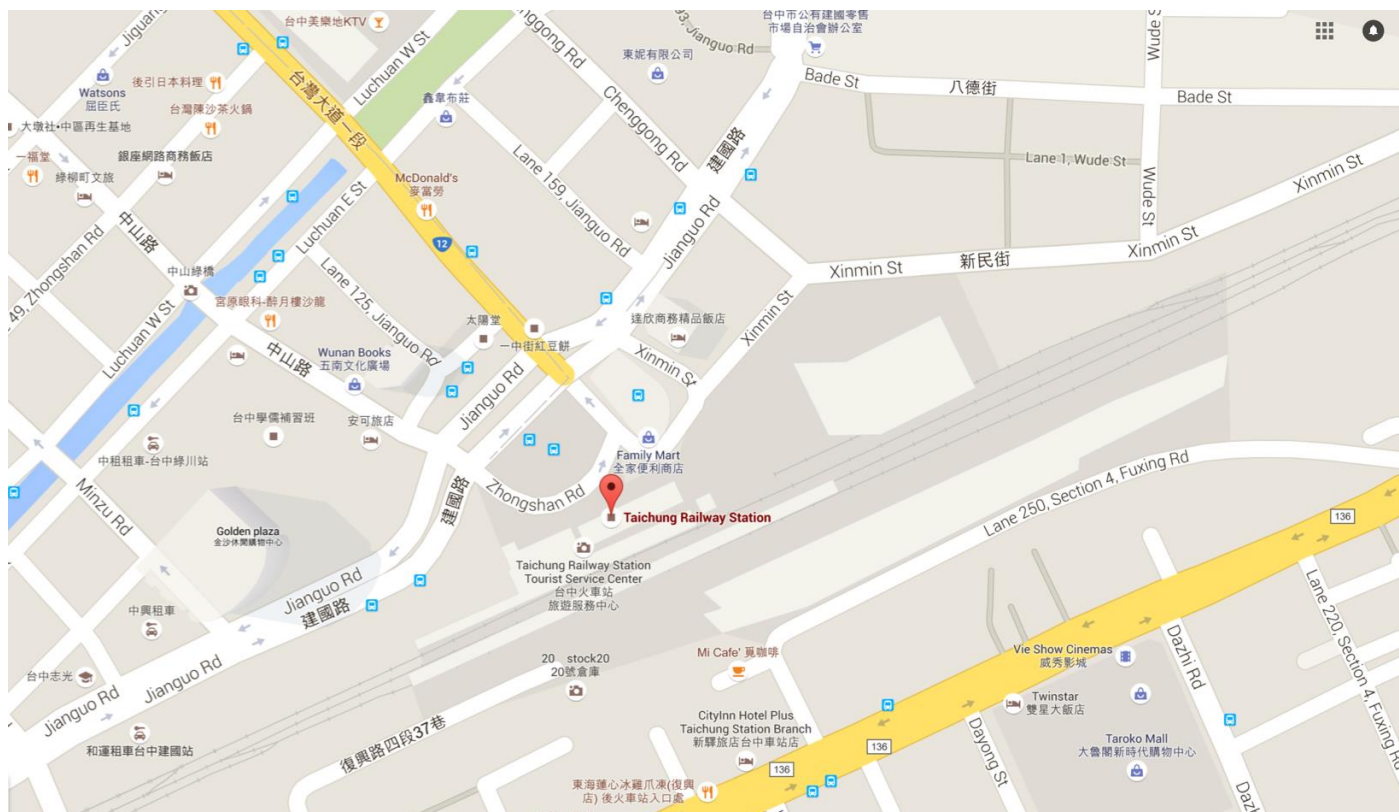
Some buses that can take you to the Taichung Railway Station from CMU are (refer to the map on page 9): **32**, **35**, and **131**

There are many types of TRA trains available, and they are listed: <http://www.railway.gov.tw/en/CP.aspx?sn=16990&n=19584>

For the complete schedule of all the trains, visit: <http://www.railway.gov.tw/Taichung/StationTimeTable/index.aspx>



It is located: No. 1, Section 1, Taiwan Blvd, Central District, Taichung City, Taiwan 400



Taiwan High Speed Rail (HSR) – Taichung HSR Station

Although High Speed Rail will cost you more than taking normal trains, the Taiwan High Speed Rail is the much faster method of long-distance travel. With a student ID card, however, discounted speed rail tickets can be bought at 15%, 25% or 50% off its normal pricing (at certain times). With the Taiwan High Speed Rail, we can now travel from across Taiwan in 96 minutes.

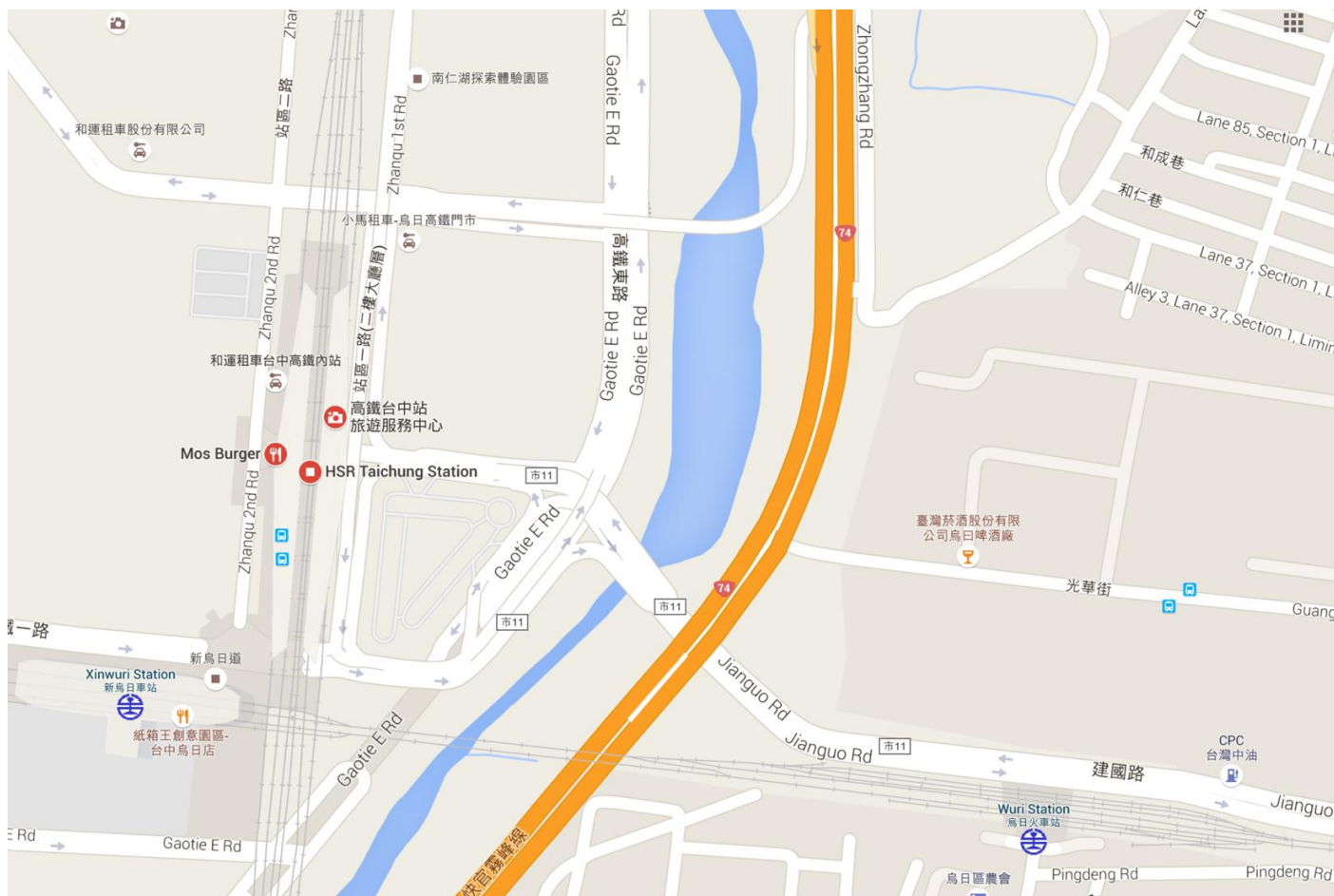
The prices are listed here: <http://www.thsrc.com.tw/tw/Article/ArticleContent/530e869c-479d-441a-a4b4-61a8166827e9>

For the HSR schedule, visit: <https://www.thsrc.com.tw/tw/TimeTable/SearchResult>



Aside from the High Speed Rail, another section of the train station is also connected to the commuter and express trains from the Taiwan Railway Stations.

The fastest bus that can take you to the HSR station from CMU is (refer to the map on page 9): **159**



Taiwan Highway Bus

Lastly, the Taiwan Highway Bus is the most affordable option of long-distance travel. To search for a station or route, visit:

<http://www.taiwanbus.tw/Express.aspx?Lang=En>



More about the EasyCard

The EasyCard is a versatile card that grants access to a great variety of public transportation and tourist attractions all over Taiwan. Here is the full list: <http://www.easycard.com.tw/english/use/index.aspx>

Food



BAKERY

- 21. 85°C Bakery Café
- 28. 洛可可烘焙坊

BREAKFAST & BRUNCH

- 3. Frog Family
- 4. 樂丘 Leo Chiu
- 29. 田樂學院店

CONVENIENCE STORE

- 2. 7-11

DRINKS

- 14. Mr. Wish

FOOD

- 1. 畊定食
- 5. 老三的飯
- 6. 大胃王
- 7. NN59
- 8. 大慶麵店
- 9. 韓誠館
- 10. 食館
- 11. 楓
- 12. 餃子宴
- 13. 六本木
- 15. 夯霸炭火串燒
- 16. 王媽媽廚房
- 17. 御館
- 18. 三寶大腸麵線
- 19. 識兄弟
- 20. Las Fallas

- 25. 北方館刀削麵
- 27. 林家食堂
- 31. 炒飯超人

SNACKS

- 22. 吐司兄弟
- 23. 永和豆漿
- 24. 阿嬤肉包
- 26. 竹亮紅豆餅
- 30. Subway

OTHERS



Bookstore



Laundrette



Drugstore and Groceries

Entertainment

Shopping

Yi Zhong Street

The Yi-Zhong Night Market is a smaller sized night market but it possesses all elements that make up an authentic Taiwanese night market. It is a perfect place for food and shopping at affordable prices. Yi-Zhong Night Market is located near CMU and is reachable by foot.

For more info: <http://cavinteo.blogspot.tw/2014/05/taichung-yizhong-street-yizhong-market.html>



Feng-Jia Night Market

The night markets in Taiwan brands the modern day Taiwanese culture. Feng-Jia Night Market is one of the largest and renowned night markets in Taiwan. Not only is it flourished with various styles delicious Taiwanese delicacies, it is also a shopping paradise of students. Feng-Jia night market is located next to Feng-Jia University and a reachable by bus.

For more information, visit: <https://www.englishintaiwan.com/shopping-in-taiwan/taichung-night-markets>



Chungyo Department Store

Chungyo Department Store is the closets shopping mall to CMU. It is a very unique and convenient department store that covers a wide selection of brands and products, as well as a great food court with large dining areas. This department store is also specially known for its themed rest rooms, with a uniquely designed theme in every floor.

You can directly reach Chungyo Department Store from CMU through buses: 25, 35, or 61 (see maps on page 9).

For more information, visit: <https://www.chungyo.com.tw> and <https://www.chungyo.com.tw/toilet.php>



Traditional Festivals

Chinese New Years

Chinese New Year, also commonly known as Spring Festival or Lunar New Year, is probably the most globally renowned festival of the Chinese culture. It is a national celebration in Taiwan. The dates of the Chinese New Year vary year by year as it is celebrated at the turn of the traditional lunisolar Chinese calendar until the 15th day of the first month.

Chinese New Year is celebrated in many places globally; however, the traditions concerning the celebration of the grand event can vary widely from country to country. Nevertheless, there are many common customs including preparing the annual family reunion dinner, displaying the red color paper-cut decorations, and handing out of red paper envelope to children.



Lantern Festival

Chinese New Year is celebrated in many places globally; however, the traditions concerning the celebration of the grand event can vary widely from country to country. Nevertheless, there are many common customs including preparing the annual family reunion dinner, displaying the red color paper-cut decorations, and handing out of red paper envelope to children.



Dragon Boat Festival

Duan-Wu Festival, commonly known as the Dragon Boat Festival in the western world, is a traditional holiday in some countries, including Taiwan, and is celebrated around the summer solstice. As the name Dragon Boat Festival implies, the focus of the celebration involves racing dragon boats. Another common custom of this festival is eating Zongzi, which is sticky rice with different fillings wrapped in dry bamboo leaves.



Mid-Autumn Festival

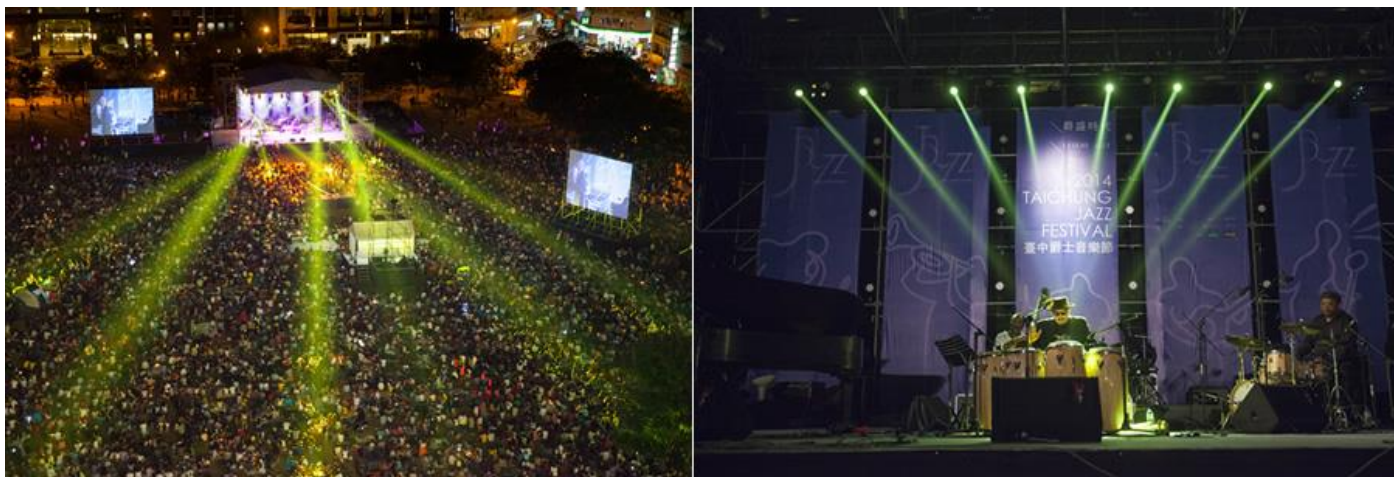
In the past, the Mid-Autumn Festival is celebrated as a harvest festival. This festival is held on the 15th day of the eighth month in the lunisolar Chinese calendar. The festival celebrates three fundamental concepts which are closely linked to each other, including gathering, thanksgiving, and praying. In Taiwan, people celebrate the Mid-Autumn festival by eating mooncake and barbeque while enjoying the spectacular view of the full moon.



Local Events

Jazz Festival

The Jazz Festival, held for 13 years every autumn in Taichung, has become the best representation of Taichung City as well as a landmark musical event in Taiwan. It invites top jazz musicians from around the world to gather in Taichung, gathering those placing of every heart and soul with a deep love for music together to move to the melodies and rhythms of jazz under romantic starlit skies on a green expanse, bathed in soothing breezes, and creates a common musical language of communication between the world and Taiwan. This meeting promises to create wonderful and unforgettable jazz memories.



Sun Moon Lake Fireworks Festival

The fireworks festival, having been held every September since 2000, is a spectacular celebration of sensory delights. The reflection of brilliant bursts of color and fiery trails of light on the still calm of the lake's crystalline surface provides a fitting atmosphere for musical performances and leaves visitors with unforgettable memories of the area and its beauty. The music festival injects cultural and artistic elements into the fireworks show for the lake. Beautiful classical music and splendid fireworks will furnish a fitting conclusion for the festival.



Taichung International Flower Carpet Festival

Taichung International Flower Carpet Festival, the most anticipated event in autumn, combines flower with the visual arts, in which all beautiful flowers have been transformed into a three-dimensional display. Visiting the festival is not only a treat for your eye but your stomach with the local special savories.



Museums & Art Galleries

National Museum of Natural Science	http://www.nmns.edu.tw/	No.1, Guanqian Rd., North Dist., Taichung City 404, Taiwan R.O.C.
National Taichung Theater	http://www.npac-ntt.org/	No.101, Ln. 37, Sec. 2, Huilai Rd., Xitun Dist., Taichung City 407, Taiwan R.O.C.
CMP Block Museum of Arts	http://www.cmppj.org.tw/home/default	No.71, Guanqian Rd., West Dist., Taichung City 403, Taiwan (R.O.C.)
Art Stock 20	http://stock20.boch.gov.tw/	No.6-1, Ln. 37, Sec. 4, Fuxing Rd., East Dist., Taichung City 401, Taiwan R.O.C.
Fantasy Story	http://www.fantasystory.com.tw/	No.2-26, Zhongxing 1st Ln., West Dist., Taichung City 403, Taiwan R.O.C.
Asia University Museum of Modern Art	http://asiamodern.asia.edu.tw/index.php	No.500, Liufeng Rd., Wufeng Dist., Taichung City 413, Taiwan R.O.C.
Taichung City Dadun Cultural Center	http://www.dadun.culture.taichung.gov.tw/home.asp	No.600, Yingcai Rd., West Dist., Taichung City 403, Taiwan R.O.C.



National Taiwan Museum of Fine Arts, Modern Arts

National Taiwan Museum of Fine Arts <http://www.nmns.edu.tw/>

No.2, Sec. 1, Wuquan W. Rd., West Dist.,
Taichung City 403, Taiwan R.O.C.

Nearby Theatres

Chung Shan Hall

An adjacent and convenient venue with a variety of events being held here, including plays, concerts and operas as such. Easy Access from the Taichung campus. You actually just need to cross the road to enjoy quality cultural performances.



Zong Xing Hall



Cinemas

There are a variety of locations to watch movies in Taichung:

Sunrise Cinema	https://www.chungyo.com.tw/toilet.php	No.58, Sec. 1, Zhonghua Rd., Central District, Taichung City, Taiwan 400
Wovie Cinemas (17F-18F, Sogo Department Store)	http://www.kssogo.com.tw/html/b_18f.html	No. 459, Section 2, Taiwan Blvd, West District, Taichung City, Taiwan 403
Vieshow Cinemas IMAX (13F-14F, Top City)	http://www.fecityonline.com/TopCity/hotMovie.do	No.251, Sec. 3, Taiwan Blvd., Xitun Dist., Taichung City 407, Taiwan R.O.C.
SK Cinemas (13F, Shin Kong Mitsukoshi)	http://www.skcinemas.com/MovieList.aspx	Taichung City, Xitun District, No.301, Section 3, Taiwan Blvd.
Wonderful Cinemas (2nd Run Movies)	http://www.wdful.com.tw/index.php/movie-time-list	No. 38, Gongyuan Rd, Central District, Taichung City, Taiwan 400

Sightseeing



Gaomei Wetlands is an ecologically protected site at Taichung and is an astonishing site to view the sunset. The wetland is a perfect hideout from the hassles in the city and gives you an opportunity to relax yourselves and enjoy the vast water scenery and special taste of Taichung's natural wildlife. For more info: <http://www.gaomei.com.tw>



Sun-Moon Lake and the Formosa Aboriginal Cultural Village

Sun-Moon Lake is a famous tourist attraction site in Taiwan and is located at Nantou County. It takes a few hours of bus ride to get to Sun-Moon Lake from Taichung. Sun Moon Lake is the largest lake in Taiwan and is famous for its beautiful natural sceneries. There are also numerous scenic spots around the lake.

For more information: <http://www.sunmoonlake.gov.tw/English/index.aspx#1>

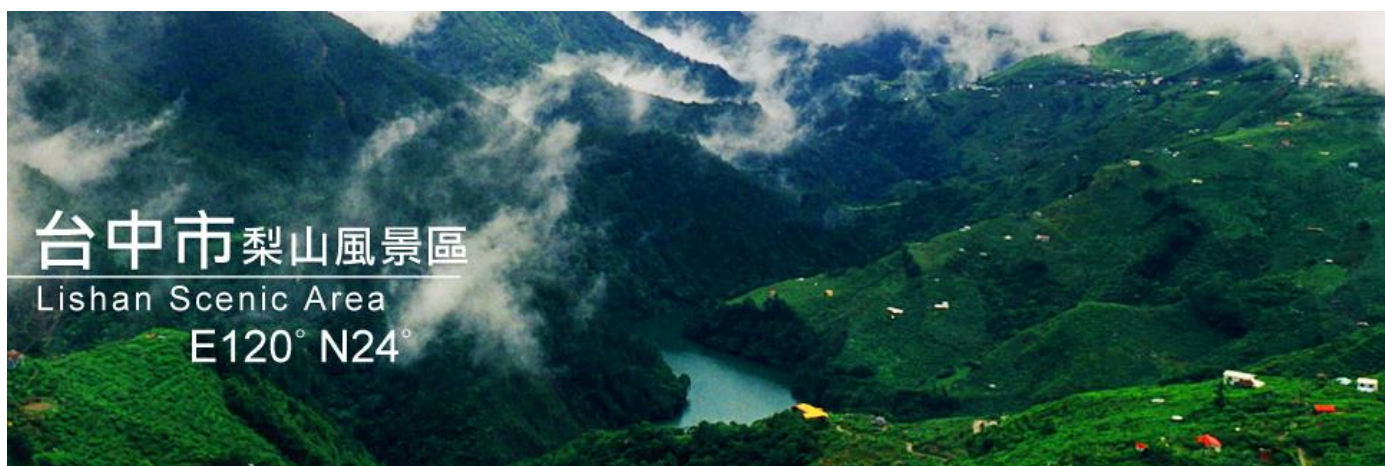
Located near the Sun Moon Lake, the Foramosa Aboriginal Cultural Village is a unique theme park that includes rides and entertainment activities characterized by elements of the Taiwanese aboriginal culture.

For more information: <http://www.nine.com.tw/index.aspx>



Lishan Scenic Area

Li Shan, which means "Pear Mountain" in Chinese, Scenic Area has four attraction sites that are most visited and they include the Kukuan Scenic Area, Li Shan, Wuling Farm and Fushou Shan Farm. The scenic area is reachable by public bus transportation. Li Shan presents different vivid sceneries across four different seasons: in summer, pears are perfectly ripe for harvesting; in autumn, the maple trees paint the entire mountain red; in winter, some parts of the mountain are covered with snow; in spring, the mountains are flourish with colorful flowers. For more info: <http://travel.taichung.gov.tw/en-us/Attractions/Intro/859/Lishan-Scenic-Area>



And even MORE for you to explore.... SO CMU welcomes and looks forward to meeting all of YOU!!

