



University  
of Regina  
International

2025/26 | INTERNATIONAL BROCHURE

# We Welcome the World

Situated in the heart of the Canadian prairies, the University of Regina is a leading comprehensive university, offering world-class facilities and exceptional undergraduate and graduate programs. Our campus is home to students from over 100 countries, creating an inclusive community where diversity is celebrated. Our excellent academic, mental, and

physical wellness support systems will give you the tools you need to achieve your goals.

The University of Regina isn't just a place to study — it's a place to start your story. With global connections, personalized support, and real-world opportunities, we're here to help you succeed every step of the way. Let's go far, together!



**#4** Canada's Most Liveable Cities

- *Globe and Mail 2024*

-  **1<sup>ST</sup>** for Co-op Work Placements in Saskatchewan
-  **3<sup>RD</sup>** Best Young Canadian University - *Times Higher Education 2024*
-  **4<sup>TH</sup>** in Canada for University Student Services - *Macleans 2025*

## A True Canadian Experience

The U of R is located in Regina, Saskatchewan on Treaty 4 territory. Regina is a safe, affordable, and friendly city — the perfect place to study, live, and build your future. You will experience all four seasons, exciting festivals, and abundant greenspaces in your new home.

Saskatchewan is a province of opportunity:

- 4.2% Unemployment Rate- The Lowest in Canada
- Affordable Cost of Living Compared to Other Provinces
- Student Benefits like the Saskatchewan Immigrant Nominee Program and Graduate Retention Program

Explore life in Regina, SK:



# Our Programs

## ARTS

### CO-OP

Anihšināpēmowin Language Literacy  
Anthropology  
Arts & Science (3 Years)  
Classical & Medieval Studies  
Cree Language Literacy  
Criminology (Spring 2026)  
Economics  
English  
Geography & Environmental Studies  
Health Studies  
History  
Indigenous Journalism & Communication Arts  
Indigenous Studies  
International Studies  
Journalism, News Media, & Communication  
Philosophy  
Philosophy, Politics & Economics  
Political Science  
Psychology  
Religious Studies  
Resource & Environmental Studies  
Sociology  
Women's & Gender Studies

## EDUCATION

### Internship

Arts Education  
Baccalauréat en Éducation  
Education After Degree (BEAD)  
Elementary Education  
Indigenous Education  
Mathematics Education  
Music Education  
Physical Education  
Secondary Education

## ENGINEERING & APPLIED SCIENCE

### CO-OP

Electronic Systems  
Energy Systems  
Environmental Systems  
Industrial Systems  
Software Systems

## KINESIOLOGY & HEALTH STUDIES

### Internship

Gerontology  
Health Promotion  
Health Studies  
Human Kinetics  
Sport & Recreation Management  
Therapeutic Recreation

## BUSINESS

### CO-OP

Accounting  
Finance  
General Business Studies  
Human Resource Management  
Marketing



Discover  
your passion!  
Learn more about  
our programs:



## LA CITÉ

### CO-OP

French as a Second Language  
French & Francophone  
Intercultural Studies

## MEDIA, ART, & PERFORMANCE

### Professional Placement

Art History & Curatorial Studies  
Arts & Science (3 Years)

## Creative Technologies

Design  
Devised Performance & Theatre Creation

## Film Production

Film Studies  
Indigenous Art

## Industrial Systems

Music

## Pop Culture

## Theatre & Drama Studies

Visual Arts

## NURSING

### Practicum

Nursing (BScN Direct Entry)  
Nursing (BScN Bilingual)  
Nursing (After Degree)  
Nursing (LPN to BScN Pathway)

## SCIENCE

### CO-OP

Actuarial Science  
Applied Mathematics & Statistics  
Applied Physics  
Arts & Science (3 Years)  
Biochemistry  
Biology  
Chemistry  
Computer Science  
Data Science  
Economics

## Creative Technologies

Design  
Devised Performance & Theatre Creation

## Film Production

Film Studies  
Indigenous Art

## Industrial Systems

Music

## Pop Culture

## Theatre & Drama Studies

Visual Arts

## SOCIAL WORK

### Practicum

Indigenous Social Work  
Social Work

# Experiential Learning

At the U of R, learning goes beyond the classroom. We're proud to offer one of the most established and successful co-op and internship programs in Canada. You can earn while you learn and gain valuable experience with Canadian employers, ensuring you graduate career ready.

Our supportive team at the Centre for Experiential and Service Learning (CESL) will connect you with employers and assist you in developing career skills to help you stand out in your field.



## Test Drive Your Career

with **Top Employers** like Samsung, Nutrien, KPMG, Bombardier, and the Government of Canada.



**\$13,000 - \$17,000**

earned per four month co-op term.

## CO-OP Education

Through our Co-operative Education Program, you will be able to alternate career-related, paid work terms with terms of study, giving you 12-16 months of work experience by the time you graduate! Students can also gain hands-on learning through internships, practicums, fieldwork, research, and volunteering.



## Discover the benefits of hands-on learning.



## Pre-Professional Pathway Programs

Students interested in professional programs such as medicine, dentistry, and law can complete their pre-professional requirements at the U of R.

# Student Life

Your university experience isn't just about what you learn — it's about the people you meet, the community you join, and the memories you create. At the University of Regina, you'll find a lively, welcoming environment where you can be yourself, try something new, and make lasting connections.

## Live Here

We have a room for you! Enjoy our safe and affordable on-campus housing where you can choose between dorm or apartment-style accommodations.

- All utilities and furnishings included
- 24/7 access to Housing staff
- Close to your classes and campus amenities
- Average cost per month of \$800 CAD
- Save up to \$21,000 CAD with our Really Big Deal tuition and housing savings bundle

Learn more about living on campus and how to apply:



## Be Supported

We care about helping you be the best you can be, which is why we provide comprehensive health and wellness services to help you stay balanced. This includes our on-campus health centre, free counselling services, and accommodations for students with disabilities. Our International Student Services team delivers supportive programs to help ease your transition to life in Canada. We offer:

- Immigration Guidance
- Academic Tutoring
- International Student Events
- Wellness Groups
- Cultural Workshops and more!

Find out how we support international students:



## Get Involved

With over 100 clubs and societies, you are sure to find your community! Whether you're into robotics, arts, activism, or culture, there's space for you to share your passion.

Stay active by joining a sports club or one of our competitive athletics teams that compete across North America. Go Cougars!



“

I chose the University of Regina for its inclusive environment and strong support for international students. I've enjoyed being part of cultural events and volunteering—it's a great way to connect.

**Alycia Ani**

**Bachelor of Social Work  
Student from Nigeria**



# Invest In Your Future

At the University of Regina, we believe that a world-class education should be accessible and affordable. That's why we offer competitive tuition rates and generous scholarship opportunities. Regina is also one of the most affordable major cities in Canada, helping your money go further!

## Scholarships

Our entrance scholarships do not require a separate application and are awarded based on your academic performance.

### International Student of Distinction Scholarship

#### Tier 1: \$80,000

Approximate Value  
(\$20,000 x 4 years)

4 years of free on-campus housing and a meal plan. Requires application to a degree program with a minimum overall high school average of 90%.

#### Tier 2: \$40,000

Approximate Value  
(\$10,000 x 4 years)

4 years of free on-campus housing. Requires application to a degree program with a minimum overall high school average of 85-89%.

#### Diploma: \$20,000

Approximate Value  
(\$10,000 x 2 years)

2 years of free on-campus housing. Requires application to a diploma program with a minimum overall high school average of 90%.

\*Students must apply directly from high school to be considered. Conditions apply to renew each year.

### International Entrance Scholarship

#### \$3,000

Automatically awarded to applicants who are admitted to a degree program with an admission average of 85% or higher.



## Yearly Budget

Tuition & Fees	\$27,000
Books & Supplies	\$1,500
On-Campus Housing	\$7,000
Food & Fun	\$6,000
<b>Total Estimated Cost</b>	<b>\$41,500 CAD</b>

\*Tuition & Fees are based on the average cost of 10 classes for the 2025/26 academic year. Tuition fees vary by faculty. The On-Campus Housing fee is based on the average cost of different housing options for 8 months. Food & Fun will depend on the student's needs and lifestyle.



“

Receiving the International Student of Distinction Scholarship was such a blessing. It eased my financial worries and helped me focus on my studies and get involved in campus life. I can't wait to see what's next and feel proud to call myself a part of the U of R family!

**Bee Phan**

**Bachelor of Education**  
**Student from Vietnam**

## Start Your Journey



**Apply Now**



### Need support?

We would love to meet you and answer your questions. Book a virtual enrolment counselling appointment today!

**Schedule a meeting:**



### English for Academic Purposes

If you do not meet our English language proficiency requirements yet, you can get started in the English for Academic Purposes program! This program is designed to help you build the academic English skills you need for success in your future studies.

Learn more about EAP:





### OUR CAMPUS IS LOCATED RIGHT BESIDE WASCANA LAKE!

The term Wascana is derived from the Cree word oskana kâ-asastêki, meaning "Pile of Bones".

### LIVING ON CAMPUS

means you are always close to friends and fun!

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IN ADDITION TO ITS BEAUTIFUL REGINA LOCATION,  
FNUniv has campuses in both Saskatoon and Prince Albert.

### OUR FEDERATED COLLEGE

students are eligible for additional scholarships!

### WORK UP A SWEAT

in our state-of-the-art gym facilities.

16

7

1

### THE RIC BUILDING

is a place of discovery for researchers.

2

### THE ARCHER LIBRARY

is one of the best study and collaboration spaces on campus.

3

### CHILL OUT WITH FRIENDS

and soak up the sun on the Green.

4

### THE CAMPUS STORE

has all of your U of R gear and textbook needs!

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### CAMPUS GUIDE

- 01 | Classroom Building
- 02 | Laboratory Building
- 03 | Research and Innovation Centre
- 04 | Dr. Lloyd Barber Academic Green
- 05 | College West

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### RIDDELL CENTRE

our main hub, is a great place to grab lunch and people-watch.

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### TAKE IN A STUDENT PRODUCTION

in the Shu-Box or University Theatre!

16 | Centre for Kinesiology, Health & Sport

17 | Luther College

18 | First Nations University of Canada

Residence

- 11 | La Cité
- 12 | Paskwâw Tower
- 13 | Wakpâ Tower
- 14 | Kîsik Towers
- 15 | Campion College



University  
of Regina  
International

Go far,  
*Together.*

# Let's Connect!

international.recruitment@uregina.ca

1.306.337.3309

- @uofrinternationalofficial
- @URInternationalGlobal
- [www.uregina.ca/ur-international](http://www.uregina.ca/ur-international)

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Regina, Saskatchewan  
S4S 0A2 Canada

Request  
More  
Information



Take Our  
Virtual  
Tour!

